

# GROWTH GUIDE

FOR YOU. YOUR FAMILY. YOUR GROUP.

## Unexplainable Joy The Benefits of Joy

For the week of **November 19, 2017**

Full message available at [highpoint.church/currentseries](http://highpoint.church/currentseries)

**GOAL:** To understand the benefits that unexplainable joy has in my life.

### GET GOING:

1. Pastor Ron defined joy as the supernatural delight in the person of God, the purposes of God, and the people of God. Assess yourself on a scale of 1 to 5 (1 being never and 5 being always) in the following categories. I delight in:

- The person of God: \_\_\_\_\_
- The purposes of God: \_\_\_\_\_
- The people of God: \_\_\_\_\_

2. This weekend Pastor Ron shared several reasons to give generously from 2 Cor. 9:6-15. Which of these reasons stood out to you, and why? Which do you need to work on? Can you think of any other reasons to give generously?

3. As Pastor Ron wrapped up the Book of Philippians this weekend, he shared several benefits of having “unexplainable joy.” Have you experienced any of these? Of which do you need more?

### MEMORY VERSE:

*“I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me”*  
(Philippians 4:12-13).

### KEEP GROWING:

4. Read Acts 28. This is the end of Acts and tells of Paul’s arrival in Rome after many long missionary journeys and trials, including previous imprisonments and physical abuse.

- What benefits of unexplainable joy do you see in this passage as Paul nears the end of his life?

- What can you learn from Paul’s life by reading this passage? Paul, elsewhere, tells those to whom he’s writing to imitate his example (ex. 1 Cor. 11:1). In what ways do you want to be like Paul as he exemplifies Christ?

5. One of the benefits that Pastor Ron shared is that as Christians, we look forward to eternal life. Which of the “heavenly helps” from the weekend message is most helpful to you? Which one(s) does someone in your life need to hear? How could you share that with that person this week?

### BONUS THOUGHT:

“What may appear weak and trifling to us may be great and glorious to God.” - Dietrich Bonhoeffer

### BONUS CHALLENGE:

As we’ve spent a lot of time in Philippians these past 10 weeks, take some time this week to read another one of Paul’s short letters (ex. Colossians, or 1 Thessalonians) in one sitting to see where you can find different aspects of “unexplainable joy.”